

## 第5講

---

次の英文を読んで、設問に答えよ。

“When I was four years old, I participated in what eventually became a famous experiment. Basically, kids like me were placed in a room, one at a time. An adult came in and placed a marshmallow in front of me. Then she said she had to leave the room for fifteen minutes. She told me that if I  
5 didn't eat the marshmallow while she was gone, she would \*reward me with a second marshmallow when she returned.”

“A two-for-one deal. A hundred percent ( 1-a ) on your investment! That would be pretty appealing even to a four-year-old,” Arthur said.

“Certainly. But at age four, fifteen minutes is a long time. And with no  
10 one around saying no, the marshmallow became really hard to resist,” Johnathan added.

“So did you eat the marshmallow?”

“No, but I ( 1-b ) ate it about a dozen times. <sup>(2)</sup>It was killing me not to eat that marshmallow. I tried anything I could think of to ignore it such as  
15 singing and dancing. After ( 1-c ) seemed like hours, the nice woman finally returned.”

“What was the point of the experiment? Did they tell you?”

“Not then. I didn't find out until years later. The same researchers <sup>(3)</sup>[as / as many / could / gathered up / of the 'marshmallow kids' / they] and  
20 asked our parents to rate us on a series of skills and traits.”

“And what did your parents say about you?”

“Nothing. They never got the \*questionnaire. I was fourteen by then, and we'd moved a few times. But the researchers found nearly a hundred of the marshmallow families, and the results were quite remarkable. It turned  
25 out that kids who didn't eat the marshmallow did better in school, got along better with others and managed stress better than the children who ate the